



Request for Career Planning Meeting

If you feel that an impartial, confidential careers conversation may be appropriate in your situation, we'd appreciate a few details from you to help us make arrangements and make sure we have appropriate information to help. Once you have completed this form as relevant to your situation, please send to: pgmedicalcareers@cardiff.ac.uk. This form is just to help us plan and is not retained on trainee files.

Personal Details:	
Name:	
Preferred email address:	
Grade:	
Specialty:	
Current Location:	
Reason for Request	
<p>To help us plan the meeting in advance, it would be helpful if you indicated below the main reasons for contacting the Careers Team for guidance. All information provided will be treated confidentially. Issues we typically encounter can include: <i>life events impacting on career; career not progressing; concerns about specialty choice; doubts about overall career choice; considering resigning</i>. Thank you</p>	
<p>Is there anything else you would like us to know about which may be relevant to a careers conversation?</p>	
<p>As a first step, you may find helpful information on the UK Health Careers Website: http://www.healthcareers.nhs.uk or on our web pages https://careers.walesdeanery.org/</p>	
Deanery use	
Date and time of meeting:	Meeting with:

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